Getting to the Root of America’s Grand Challenges

Adverse Childhood Experiences (ACEs) comprise a major underlying cause of many of our most costly problems.

- 61% of U.S. adults report at least 1 ACE
- 16% of U.S. adults report 4 or more ACEs

Those with ACEs can be nearly twice as likely to be diagnosed with heart disease—the #1 cause of death in America. Exposure to ACEs is also associated with increased risks for:

- Stroke: 2.1x as likely
- Depression: 5.3x as likely
- Obesity: 1.2x as likely
- Cancer: 1.4x as likely
- Current smoker: 3.1x as likely
- Heavy drinker: 1.8x as likely
- Asthma: 2.2x as likely
- Kidney disease: 1.7x as likely
- High school non-completion: 1.4x as likely

Preventing ACEs would mean a safer, healthier, more resilient America for all.

- 21 million fewer cases of depression
- 1.5 million fewer cases of high school non-completion
- 2.5 million fewer cases of obesity
- 1.9 million fewer cases of heart disease


Campaign for Trauma-Informed Policy and Practice
www.ctipp.org/nationaltraumacampaign